

Northwest Kansas Technical College and Team Andre Cia Paulista BJJ

WRESTLING CAMP INTENSIVE

Camp Details

Date: June 19, 2013 Wednesday-June 22, 2013 Saturday 9am-3pm

Check -In: Wednesday June 19, 2013 8:00am

Location: Team Andre Cia Paulista Brazilian Jiu Jitsu
1106 North D Street, Units 1,3,5 Sacramento CA 95811
Off of Richards Blvd www.TeamCiaPaulista.com
916-877-5487 Team@TeamCiaPaulista.com

Who can attend: Boys and Girls Ages 8-18 ALL LEVELS WELCOMED

Camp Cost

\$100.00 Per Camper

PLEASE NOTE: ALL campers must provide their own health insurance.

Please provide a copy of proof of insurance with Registration Form.

Payment by Check to Team Andre Cia Paulista, Cash & Credit Cards accepted.

PRE-REGISTRATION IS ENCOURAGED. SPACE IS LIMITED.

Pre-Register via email Team@TeamCiaPaulista.com / phone 916-877-5487

Typical Schedule

Session I 9:00 am - 11:30 am

Lunch 11:30 am - 12:30 pm *CAMPERS MUST BRING A PACK LUNCH

Session II 12:30 pm - 3:00 pm

Some Topics Covered Include:

Basic Skills / Setups / Leg Attacks / Head Attacks

High % Finishes / Scoring / High % Escapes / Bottom Game

1 HOUR College Credit in Wrestling Skills can be earned by students

INSTRUCTORS

Paul Gomez : Northwest Kansas Technical College

Head Men's & Women's Wrestling Coach- NWKTC

NCAA Div. 1 All-American (Nebraska)

3x NCAA Div. 1 National Qualifier

1995 NJCAA National Champion

2013 NJCCA West/Central District Coach of the Year

Cody Tow

3rd Place National JUCO Wrestling Championships 2013

2013 NJCAA All-American

4x CA state placer

REGISTRATION FORM : WRESTLING CAMP INTENSIVE JUNE 19-22, 2013

Name of Camper: _____

Camper D.O.B. _____ **Gender** _____

SCHOOL: _____ **GRADE :** _____

Address: _____

Parent/Guardian: _____

Emergency Phone #: _____

Email: _____

SIGNED AND AGREED TO:

I accept the responsibility with the risk of serious injury that may occur during the wrestling camp. I understand that my child is in consideration of being permitted to participate in any way in NWKTC & TACP Wrestling Camp, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue NWKTC & TACP, its officers, employees, and agents from liability from any and all claims resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in NWKTC & TACP Wrestling Camp.

Parent/Guardian Signature

Date

Please bring a copy of Proof of Health Insurance to camp check in with completed Registration Form. An additional Insurance Waiver will need to be completed at check in. Payment for the Camp can be made by check [Made out to Team Andre Cia Paulista], by Credit / Debit Card over the phone 916-877-5487 or in Cash at Check In. Full Payment is DUE at Check In.

PRE-REGISTRATION IS ENCOURAGED. SPACE IS LIMITED. Call with any questions. See the location at www.TeamCiaPaulista.com LOCATION TAB.

CAMPERS NEED TO BRING:

Personal workout attire, wrestling shoes, any kneepads or mouth guards as needed, towel, pack lunch, any beverages or snacks for personal consumption.

Street shoes and a change of clothing is recommended.

We have water for sale on site \$1/bottle cash only. Gatorade is \$2/bottle.

WE ARE LOOKING FORWARD TO TRAINING WITH YOU!